

## THRIVE Creamy Peanut Butter

1 Cup THRIVE Peanut Flour

2 Tbsp Sugar

1/2 tsp Salt

2/3 Cup water

1 Tbsp. oil

Mix well all dry ingredients in a jar. Add the oil and the water and mix through. Refrigerate if desired before serving. Peanut butter may thicken a bit more after refrigeration. Makes about 8 ounces of Peanut Butter.